

Etive River Race (ERR)

Disclaimer

The Etive River Race, ERR, will be held on the river Etive on Saturday 25th September 2010. The Etive is a class 4+ river. Only competent paddlers demonstrated by five star award (inland white water) or submitting a signed covering letter from a coach 4 confirming they are competent will be allowed to participate. Those who raced in the 2008 / 09 event need not supply this information.

The river Etive is a very hazardous place and can be exceptionally fast flowing.

Death or serious injury could occur.

However, for those experienced, trained and competent paddlers the risks are very much reduced but they exist nonetheless.

By undertaking to take part in this competition participants must fully understand that serious injury and/or damaged or lost kit are all a possibility.

The organiser/s and marshals cannot be held responsible for any inaccurate information teams have submitted or for any careless, reckless or inappropriate actions during the event. Any means of deception, in written application or on the water will disqualify teams.

The race is open to those aged 16 or over on race day. For those who are aged 16 – 18 years of age you MUST have an additional supporting letter, signed and dated with a contact number, from your guardian and it must be worded to the effect that your guardian has read and understood and that this event is dangerous. All guardians may be contacted prior to the race.

By signing the entry form teams are assumed to have read the rules, specifically the sections that may disqualify them and fully understand all the rules.

Teams should check the Etive River Race web page at www.etiveriverrace.co.uk for any changes to the rules.

The racecourse, as defined in the rules, will be announced at the morning briefing session.

In the event of more than one team picking the same team name, the first team to submit their forms will be given that name. The other team will be required to select another name.

**Application Form
ERR 25th September 2010**

Team Name			
Race Category (See Rules)	Open <input type="checkbox"/>	Sponsored / Supported. If so whom. <input type="checkbox"/>	16 – 18 <input type="checkbox"/>
Names			
Date of birth			
Team contact Address			
Mobile			
Emergency Contact No			
Team E-Mail			
National Governing Body Number			
I raced in the 2008 / 09 event			
I have my Five Star:			
I have enclosed a written letter of support for my application:			
<u>Photography and Publishing Consent</u> I agree to allow images of me taken by Helen Pugh-Cook to be used for publicity purposes. This release covers photographs made on 25th September 2010 while at Etive River Race.	Yes / No	Yes / No	
I have read and understood the rules, disclaimer, risk assessment and acknowledge that I am primarily responsible for my own safety.			
Sign & Date			
I enclose a Cheque/s for £40:00 or two cheques totalling £40:00 (£20:00 per competitor)			
Cheques payable to the Scottish Canoe Association forms sent to James Fleming, 50 Spey Court, Braehead, Stirling, FK7 7QZ.			
Further Information			
Up-to-date information will be posted on the web site at www.etiveriverrace.co.uk			
A briefing will take place on Saturday 25 th September 2010, times and location will be confirmed, on the website. This will be when the race organiser will announce which course (as described in the rules) will be run and a short safety brief will be given.			
TEAMS THAT DO NOT ATTEND THE BRIEFING MAY BE DISQUALIFIED! Period!			
Failure to fill in any part of this form marked in grey will result in the form being return to sender!			

Activity Risk Assessment

Activity Reference Number: ERR 25092010

Task: Etive River Race								
Hazard	Risk	Persons affected	Control Measures	S O H	P O H	Residual Risk		
						High	Med	Low
Water	Drowning	Competitors / Marshals	Buoyancy aids must be worn when competing or whilst carrying out safety marshalling duties. Marshals will protect and have equipment to effect a water rescue. Marshals, marshalling rapids, have been trained in rescue methods. A note of where Marshalls will be outlined on the morning of the race.	5	2		10	
Water	Hypothermia	Competitors / Marshals	At the time of year the water will be, marginally warmer, Paddlers and marshals must have sufficient personal clothing on. Race medic on call to render first aid, if needed.	3	2			6
Water	Damage to kit; kayaks, paddles	Competitors	Those competitors have been vetted to ensure they have the appropriate skills to paddle such a river.	3	2			6
Height / Drop at Right Angle	Spinal Injuries	Competitors	Kayakers must not 'boof' off the drop, they must pencil into the pool. Doctor/First Aid trained and safety marshals on site.	4	2		8	

Rocks (Slip, trip or falling)	Head Injuries	Competitors / Marshals	Competitors and marshals must wear helmets.	4	1			4
Rocks	Cuts	Competitors / Marshals	Suitable footwear must be worn. Time is to be taken whilst walking and always maintain three points of contact, where possible.	3	1			3
Rocks	Damaged personal kit; breaks or holes	Competitors.	Competitors must ensure they have appropriate equipment to withstand the impact and abrasion.	3	2			6
Falling	Damaged personal kit; breaks or holes	Competitors / Marshals.	Competitors and marshals must wear robust footwear with adequate grip.	3	2			6
Traffic / Cars	Struck by a car	All	Competitors and marshals will park their cars at the Glen Coe Ski centre and will be shuttled from the car park to the river.	4	2		8	
Entrapment	Drowning	Competitors.	Competitors will be vetted. Safety marshals on site to effect rescues.	5	2		10	

5 = FATALITY

Obvious

4 = MAJOR

Broken bone, In-Patient, Disease

3 = MINOR

Laceration, First aid

2 = NEGLIGABLE

Scratch, bruise etc

1 = NONE

S E V E R E H A R M I T Y	5	10	15	20	25
	4	8	12	16	20
	3	6	9	12	15
	2	4	6	8	10
	1	2	3	4	5

PROBABILITY OF HARM

1 = IMPROBABLE

Virtually zero Likelihood

2 = REMOTE

Unlikely, though conceivable

3 = POSSIBLE

Could occur sometime

4 = PROBABLE

Will occur several times

5 = CERTAINTY

Will happen